

## GOLD LEVEL

Demonstrating competency in all strokes, using correct footwork, power and accuracy to achieve results.

### GOLD STAGE 1

- Able to hit a backhand overhead clear reaching back tramline on 4 out 5 attempts;
- Hit a forehand smash with force and accuracy on 4 out 5 attempts;
- Use correct footwork for all shots;
- Complete a 5-point drill with fluency;
- Hit a flick serve with accuracy on 4 out of 5 attempts;
- Play a Doubles games, showing teamwork skills in both attacking and defensive shots.

### GOLD STAGE 2

- Able to attack a serve using power and placement;
- Produce a defensive block shot with consistency;
- Produce a diagonal backhand overhead drop shot that lands in front of the service line on 4 out 5 attempts;
- Complete a dynamic drill of 3 different skills with control and accuracy;
- Play a Singles game using attack and defence skills and demonstrating knowledge of tactics.

### GOLD STAGE 3

- Has played a minimum of 3 Badminton WA tournaments in the last 12 months;
- Has completed the Badminton WA Junior Umpiring Certificate OR Senior Umpiring Course;
- Has been selected in a Badminton WA representative team.



BADMINTONWA

## JUNIOR PLAYER DEVELOPMENT PATHWAY



Nine steps of achievement within three pathway levels

**BRONZE LEVEL:**

**SILVER LEVEL:**

**GOLD LEVEL:**

**FUNDAMENTALS**

**DEVELOPMENT**

**ACHIEVEMENT**

## BRONZE LEVEL

Demonstrating competency in the correct grips, hand-eye-foot coordination, maintaining a rally, and understanding on playing the Singles game.

### **BRONZE STAGE 1**

- Able to throw and catch a shuttle with partner 5 times without dropping;
- Use the correct forehand and backhand grips;
- Balance the shuttle on racquet, walk and weave for 10 metres;
- Use some control when bouncing a shuttle off the racquet 4 times consecutively;
- Maintain an overhead rally of 5 consecutive shots with the Coach.

### **BRONZE STAGE 2**

- Able to hit a forehand serve diagonally over the net on 4 out of 5 attempts;
- Hit a backhand serve diagonally over the net on 4 out of 5 attempts;
- Maintain an overhead rally of 10 consecutive shots;
- Catch a thrown shuttle on the racquet face on 4 out of 5 attempts;
- Produce an underarm shot hitting the shuttle from the service line to the back court area on 4 out of 5 attempts.

### **BRONZE STAGE 3**

- Has correct foot forward when hitting the shuttle most of the time;
- Can maintain a rally of 20 shots with Coach, demonstrating some control;
- Play a game of Singles, maintaining rallies;
- Score a game of Singles;
- Perform running, lunge, chasse, and split steps.

## SILVER LEVEL

Demonstrating competency in producing all the basic shots with some control, accuracy, correct footwork, and in the essential knowledge on playing the Singles and Doubles games with basic tactics.

### **SILVER STAGE 1**

- Able to produce a forehand underarm clear that reaches the back tramline on 4 out of 5 attempts;
- Produce a forehand overhead clear that reaches the back tramline on 4 out of 5 attempts;
- Produce a forehand net-tumble consistently with accuracy;
- Produce a high singles serve that lands in the back tramline on 4 out of 5 attempts;
- Use chasse steps when moving forward.

### **SILVER STAGE 2**

- Able to produce a backhand underarm clear that reaches the back tramline on 4 out of 5 attempts;
- Produce a backhand net-tumble that falls in front of the service line on 4 out of 5 attempts;
- Produce a forehand overhead drop shot from midcourt that falls in front of the service line on 4 out of 5 attempts;
- Show some understanding of when to attack and defend when playing a Doubles game;
- Score a game of Doubles.

### **SILVER STAGE 3**

- Able to produce a forehand smash, taking shuttle at height;
- Produce a forehand drive from midcourt, just clearing the net on 4 out of 5 attempts;
- Produce a net-attack shot with consistency;
- Use both attack and defence shots, and full court coverage when playing a Singles game.